

## Behavioural Risk Factor Survey 2012 (April) - Coding Manual

Variable	Question	Code / Code Description
CaseNo	Case number	-
v3	Record the gender	1 Male 2 Female
v4x	What is your height without wearing shoes? (cm)	777 Outlier (<100cm or >190cm) / pregnant 998 Don't know 999 Refuse to answer
v5x	What is your weight wearing simple clothes? (kg)	777 Outlier (<37kg or >120kg) / pregnant 998 Don't know 999 Refuse to answer
v6x	What is your waist circumference? (cm)	777 Outlier (<50cm or >120cm) / pregnant 998 Don't know 999 Refuse to answer
v7	During the past 12 months, have you tried to do something deliberately to control your weight, for example, to lose, maintain or gain weight?	1 Yes, to lose weight 2 Yes, to maintain weight 3 Yes, to gain weight 4 No 98 Don't know 99 Refuse to answer
v8	Weight Control - a. Taking medications or products for weight control, including health food?	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v7=4, 98, 99)
v9	Weight Control - b. Consulting doctors or dietitians?	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v7=4, 98, 99)
v10	Weight Control - c. Going to weight control or beauty parlours?	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v7=4, 98, 99)
v11	Weight Control - d. Doing exercise?	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v7=4, 98, 99)
v12	Weight Control - e. Changing dietary habit?	1 Yes 2 No

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		98 Don't know 99 Refuse to answer 997 Not applicable (for v7=4, 98, 99)
v13	Weight Control - f. Other methods?	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v7=4, 98, 99)
v14_r	What do you think about your current weight; is it overweight, just right, or underweight?	1 Overweight 2 Just right 3 Underweight 98 Don't know 99 Refuse to answer 777 Outlier (outlier of v4x or v5x) / pregnant
v15	During the last 7 days, on how many days did you do vigorous physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v16	On those days that you have performed vigorous physical activities for at least 10 minutes, how much time on average per day did you usually spend doing vigorous physical activities? (minutes)	9997 Not applicable (for v15=0, 98, 99) 9998 Don't know 9999 Refuse to answer
v17	During the last 7 days, on how many days did you do moderate physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v18	On those days that you have performed moderate physical activities for at least 10 minutes, how much time on average	9997 Not applicable (for v17=0, 98, 99) 9998 Don't know 9999 Refuse to answer

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	per day did you usually spend doing moderate physical activities? (minutes)	
v19	During the last 7 days, on how many days did you walk for at least 10 minutes at a time?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v20	On those days that you have walked for at least 10 minutes at a time, how much time on average did you usually spend walking in one of those days? (minutes)	9997 Not applicable (for v19=0, 98, 99) 9998 Don't know 9999 Refuse to answer
v21	During the last 7 days, how much time on average did you usually spend sitting on a weekday? (minutes)	7777 Outlier (<10 mins or >900 mins) 9998 Don't know 9999 Refuse to answer
v22	During the past 30 days, how often did you exercise in your leisure time, which at least made you breathe somewhat harder than normal and sweat?	1 Once or more a day 2 4-6 times/week 3 2-3 times/week 4 Once a week 5 2-3 times a month 6 Once a month 7 Less than once a month 98 Don't know 99 Refuse to answer
v23	On average, how many days do you eat fruit each week? (excluding fruit juice)	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know 99 Refuse to answer
v24	On average, how many fruit did you eat on one of those days?	997 Not applicable (for v23=8) 998 Don't know 999 Refuse to answer
v25	On average, how many days do you eat	1 1 day

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	vegetables each week? (excluding vegetable juice)	2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know 99 Refuse to answer
v26	On average, how many bowls of cooked vegetables did you eat on one of those days?	997 Not applicable (for v25=8) 998 Don't know 999 Refuse to answer
v27	On average, how many days do you drink at least one cup of fruit or vegetable juice each week?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know 99 Refuse to answer
v28	Have you ever smoked before?	1 Yes, but not now 2 Yes, and still smoking 3 Never 98 Don't know 99 Refuse to answer
v29	How long have you abstained from smoking?	1 Less than 1 month 2 1 month to 1 year 3 More than 1 year 98 Don't know 99 Refuse to answer 997 Not applicable (for v28 ≠ 1)
v30	How many cigarettes do you smoke on average per day?	1 Less than 1 per day 2 1-10 per day 3 11-20 per day 4 More than 20 per day 98 Don't know 99 Refuse to answer 997 Not applicable (for v28 ≠ 2)
v31	Have you ever had at least one alcoholic drink?	1 Yes, during the last month 2 Yes, during the previous 2-12months

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		3 Yes, more than 12 months ago 4 Never 98 Don't know 99 Refuse to answer
v32x	On how many days per week during the last 30 days, on average, did you drink at least one alcoholic drink?	1 Daily 2 6 days per week 3 5 days per week 4 4 days per week 5 3 days per week 6 2 days per week 7 1 day per week 8 Less than 1 day per week 77 Outlier (for v33x=777) 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1)
v33x	During the last 30 days which you have ever had at least one alcoholic drink, how many standard units of drinks on average per day did you drink on those days?	777 Outlier (>24 units) 997 Not applicable (for v31 ≠ 1) 998 Don't know 999 Refuse to answer
v34_r	In the last 30 days, did you drink at least 5 glasses or cans of alcohol on one occasion?	1 Yes 2 No 77 Outlier (for v33x=777) 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1)
v35_r	How often did you do this in the last 30 days?	1 Once or more a day 2 4-6 times a week 3 1-3 times a week 4 Three times a month 5 Twice a month 6 Once a month 77 Outlier (for v33x=777) 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1 or v34_r ≠ 1)
v36_r	In the last 30 days, did you drink so much that you exhibited signs of drunkenness, such as flushed face or reddened eyes, slurred or incoherent speech, unsteady or staggering gait, vomiting and hangover in the next day?	1 Yes 2 No 77 Outlier (for v33x=777) 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1)

Variable	Question	Code / Code Description
v37_r	How often did you do this in the last 30 days?	1 Once or more a day 2 4-6 times a week 3 1-3 times a week 4 Three times a month 5 Twice a month 6 Once a month 77 Outlier (for v33x=777) 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1 or v36_r ≠ 1)
v38	In the last 12 months, but excluding the last 30 days, when you drink, did you drink at least 5 glasses or cans of alcohol on one occasion?	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1, 2)
v39	In the last 12 months, but excluding the last 30 days, how often did you do this?	1 Once or more a week 2 1-3 times a month 3 7-11 times a year 4 4-6 times a year 5 1-3 times a year 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1, 2 or v38 ≠ 1)
v40	In the last 12 months, did you have the following problem(s) or condition(s) which was/were caused by your own drinking? - Being physically hurt	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1, 2)
v41	In the last 12 months, did you have the following problem(s) or condition(s) which was/were caused by your own drinking? - Road traffic accidents	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1, 2)
v42	In the last 12 months, did you have the following problem(s) or condition(s) which was/were caused by your own drinking? - Family or marriage problem	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1, 2)
v43	In the last 12 months, did you have the following problem(s) or condition(s) which was/were caused by your own drinking? - Job or work problem	1 Yes 2 No 98 Don't know 99 Refuse to answer

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		997 Not applicable (for v31 ≠ 1, 2)
v44	In the last 12 months, did you have the following problem(s) or condition(s) which was/were caused by your own drinking? - Being sexually harassed	1 Yes 2 No 98 Don't know 99 Refuse to answer 997 Not applicable (for v31 ≠ 1, 2)
v45	In the last 12 months, did you have the following problem(s) or condition(s) because of someone else's drinking? - Being physically hurt	1 Yes 2 No 98 Don't know 99 Refuse to answer
v46	In the last 12 months, did you have the following problem(s) or condition(s) because of someone else's drinking? - Road traffic accidents	1 Yes 2 No 98 Don't know 99 Refuse to answer
v47	In the last 12 months, did you have the following problem(s) or condition(s) because of someone else's drinking? - Family or marriage problem	1 Yes 2 No 98 Don't know 99 Refuse to answer
v48	In the last 12 months, did you have the following problem(s) or condition(s) because of someone else's drinking? - Job or work problem	1 Yes 2 No 98 Don't know 99 Refuse to answer
v49	In the last 12 months, did you have the following problem(s) or condition(s) because of someone else's drinking? - Being sexually harassed	1 Yes 2 No 98 Don't know 99 Refuse to answer
v70	What is your age?	998 Don't know 999 Refuse to answer
v71	What is your highest educational attainment?	1 Primary or below 2 Had not completed secondary 3 Completed secondary (F5) 4 Matriculation 5 Tertiary (Non-degree, degree or above) 6 Refuse to answer
v72	What is your marital status?	1 Never married 2 Married and with child(ren) 3 Married and without child(ren) 4 Divorced or Separated 5 Widowed 6 Refuse to answer
v73	Are you currently engaged in a job?	1 Yes 2 No

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		99 Refuse to answer
v74	What is your occupation?	1 Employer/Manager/Administrator 2 Professional 3 Associate Professional 4 Clerk 5 Service worker 6 Shop sales worker 7 Skilled agricultural/fishery worker 8 Craft and related worker 9 Plant and machine operator and assembler 10 Un-skilled worker 99 Refuse to answer 997 Not applicable (for v73≠1)
v75	You are a ...	1 Student 2 Home-maker 3 Unemployed person 4 Retired person 5 Others 99 Refuse to answer 997 Not applicable (for v73=1)
v76	How much is your monthly personal income, including all sources of income?	1 None 2 \$1-1,999 3 \$2,000-3,999 4 \$4,000-5,999 5 \$6,000-7,999 6 \$8,000-9,999 7 \$10,000-11,999 8 \$12,000-13,999 9 \$14,000-15,999 10 \$16,000-17,999 11 \$18,000-19,999 12 \$20,000-24,999 13 \$25,000-29,999 14 \$30,000-34,999 15 \$35,000-39,999 16 \$40,000-44,999 17 \$45,000-49,999 18 \$50,000 or above 19 Refuse to answer 98 No fixed income / Don't know 997 Not applicable (for v73≠1)
v77	How much is your monthly household	1 Less than \$2,000



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	income, including all sources of income?	2 \$2,000-3,999 3 \$4,000-5,999 4 \$6,000-7,999 5 \$8,000-9,999 6 \$10,000-11,999 7 \$12,000-13,999 8 \$14,000-15,999 9 \$16,000-17,999 10 \$18,000-19,999 11 \$20,000-24,999 12 \$25,000-29,999 13 \$30,000-34,999 14 \$35,000-39,999 15 \$40,000-44,999 16 \$45,000-49,999 17 \$50,000-54,999 18 \$55,000-59,999 19 \$60,000 or above 20 Don't know 21 Refuse to answer
v78	What is your type of living quarter?	1 Public rental flats 2 Housing Authority subsidized sale flats 3 Housing Society subsidized sale flats 4 Private residential flats 5 Villas/ Bungalows/ Modern village houses 6 Simple stone structures/ Traditional village houses 7 Staff quarters 8 Non-domestic quarters 9 Refuse to answer
weighting	Weighting applied in the survey	-